



**Lancashire &
South Cumbria**
NHS Foundation Trust

Wesham Rehabilitation Centre

With a focus on helping people to recovery from complex mental health issues, a stunning new mental health rehabilitation service has been unveiled by Lancashire and South Cumbria NHS Foundation Trust.

Wesham Rehabilitation Unit, near Preston provides a range of mental health services for communities in Lancashire and south Cumbria. Teal Lifecare were delighted to be selected by the Trust to provide its modern, safe, anti-ligature furniture throughout the new unit, which aims to ensure a seamless transition from inpatient care towards community life, empowering service users to regain skills and confidence with everyday tasks.

The new community-facing rehabilitation service includes a contemporary, timber-clad extension and 28 en-suite bedrooms equipped with bespoke in-built furniture supplied by Teal Lifecare, including specialist 'Insight Edge' bedroom ranges with safe, anti-ligature features and robust Myla and Ottoman security beds.

A fresh, uplifting colour palette within the building supports calmness and relaxation. Colours were selected to compliment the attractive Indoor and outdoor therapy areas, which include an expansive therapy garden and children's visitor garden.

With a distinct 'non-clinical' look and feel throughout, Wesham is far removed from traditional views of a hospital facility, with exceptional light and space designed to create a welcoming facility for both service users and staff. The layout includes quiet communal lounges and a kitchen where service users are able to cook their own meals.

And to encourage local residents to visit the new facility, the Trust has ensured community space is a key feature in the extensive new entrance block.

